



HerRelief

J A M A I C A

Strength, Sisterhood in Support for Jamaica

FALL 2026
NEWSLETTER

CARE WITHOUT BORDERS

From Santa Cruz to Black River,
HerRelief Jamaica is bringing healthcare,
compassion, and community support
where they are needed most.



HerRelief
J A M A I C A
Strength, Sisterhood in Support for Jamaica

A MESSAGE FROM

Theresa White

President & Co-Founder

Dear HerRelief Family, Partners,
and Supporters.

As we reflect on the success of our August 29, 2026 Back-to-School Medical Mission in Santa Cruz, I am filled with gratitude for every volunteer, donor, community partner, and member of the HerRelief family who made this mission possible. Together, we healthcare, education, and essential supplies to individuals and families, creating a meaningful impact in the St. Elizabeth community.

HerRelief Jamaica is more than a mission it is a movement. A movement of women and allies working together to improve health outcomes, strengthen communities, and bring hope to those in need. Your continued support allows us to expand our reach and deepen our impact across Jamaica.

As we look ahead to our upcoming mission in Parrotee, St. Elizabeth on December 5, 2026, we remain committed to serving with excellence, compassion, and purpose. Thank you for standing with us, Jamaica is stronger because of you.

Theresa White

Theresa White
President & Co-Founder
HerRelief Jamaica



“
When we serve
with compassion
and purpose,
we create healthier
communities and
a **brighter Jamaica**
for generations
to come.”



HerRelief JAMAICA

Strength, Sisterhood in Support for Jamaica

MISSION FEATURE

SANTA CRUZ BACK-TO-SCHOOL MEDICAL MISSION

August 29, 2026 | St. Matthew's Church Hall | St. Elizabeth

HerRelief Jamaica completed a successful Back-to-School Medical Mission in Santa Cruz, providing coordinated medical, dental, mental health, and health education services to individuals and families in the surrounding community.



IMPACT AT A GLANCE



83

Gross Service
Encounters
(before
deduplication)



55

Procedures
Completed



38

Medical
Patients
Served



45

Dental
Patients
Served



100

Backpacks &
School Supplies
Distributed

Total Quantified Economic Impact: JMD \$1,483,600
(Approximately USD \$9,308.5S)

Mental health and health education are not included in the total until workstream data are verified.

MISSION IMPACT



MEDICAL SERVICES

38 Individuals Served

- ✓ 1 IV administration
- ✓ 1 foreign body removal
- ✓ 15 back-to-school medical clearance forms completed
- ✓ Participants included males and females, ages 3 to 82 years old.



DENTAL SERVICES



45
Patients Served

53
Procedures Completed

PROCEDURE BREAKDOWN

Adult deep cleaning	14
Children's cleaning with fluoride treatment	23
Wisdom tooth extraction	3
Surgical extraction	13
TOTAL	53



Additional support distributed: 45 hygiene bags, one student dental report, 32 doses of ibuprofen 800 mg, and 32 doses of amoxicillin 500 mg.



SCHOOL SUPPORT



100



Back-to-School Backpacks and School-Supply Packages Distributed



INTRODUCING OUR NEW BOARD MEMBERS

We are excited to welcome two dynamic leaders to the HerRelief Jamaica Board of Directors. Their experience, expertise, and passion for service strengthen our mission and support our continued growth.



Yvette Phillip

Treasurer Board Member

Yvette Phillip brings extensive financial leadership and public sector experience to her role as Treasurer. She holds a Master of Accountancy (MAcc) and a Master of Public Administration (MPA) and is a Certified Government Financial (CGFO). Yvette is dedicated to commit to financial stewardship, integrity, and accountability; and valuable expertise strengthens the HerRelief Jamaica Board of Directors.



Taihesha Williams

Secretary Board Member

Taihesha Williams is a committed professional with a strong focus on community engagement organizational development. As Secretary, she supports an effective governance, communication, excellence. Taihesha brings both both a strategic to the HerRelief Jamaica Board of Directors.

Samantha Duckworth, BSN, RN

Triage Nurse Mission Volunteer



Samantha Duckworth has been with HerRelief Jamaica from the very beginning. She was the first nurse to volunteer with us on our very first mission last year, serving in the immediate aftermath of the hurricane at a time when we were working in the field with very minimal supplies. Under those difficult conditions, her skill, resourcefulness, and steady presence were instrumental in helping the team deliver quality care to the individuals and families who needed it most.



Since then, Samantha has remained one of our most consistent and dependable team members, bringing that same commitment to every mission she serves on, including triage operations at our Santa Cruz mission on August 29, 2026. Her professionalism, compassion, and clinical expertise help keep patient flow efficient while ensuring every person we serve is treated with dignity. Her excellent work ethic and strong nursing skills make her an invaluable part of this team, and we are very happy to have her.

“ Her dedication, skill, and compassion made a significant difference in the success of our Santa Cruz mission.”

Thank You St. Matthew's Church Hall

We extend our sincere gratitude to St. Matthew's Church Hall in Santa Cruz for hosting our mission and supporting our team and the community.



SPECIAL THANKS TO

Dr. Lynden Rose and The Rotary Club

We appreciate Dr. Rose and Rotary for their continued support of HerRelief Jamaica and their commitment to healthy, stronger communities.



Community Support

We are grateful to all community members, local volunteers, healthcare professionals, and partners who contributed their time, resources, and expertise to make this mission a success.





HerRelief
JAMAICA
Strength, Sisterhood in Support for Jamaica

PEOPLE
COMMUNITIES
BRIGHTER
JAMAICA

LOOKING AHEAD

MORE IMPACT. STRONGER COMMUNITIES.
A BRIGHTER JAMAICA.



DECEMBER 5, 2026 PARROTEE, ST. ELIZABETH **Hurricane Melissa Anniversary Mission**

Continuing our commitment to serve, support,
and strengthen communities across Jamaica.



DECEMBER 19, 2026 YEAR IN REVIEW South Florida | Location TBD

Join us as we celebrate our impact, acknowledge
our supporters, and look ahead to 2027.

JOIN THE MISSION



Membership



Volunteer



Donate



Sponsor



Partner



Give In-Kind



Visit
HerReliefJa.com
to support our work.



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